PENOBSCOT ICE ARENA WAIVER OF RELEASE OF LIABILITY / ASSUMPTION OF RISK AND INDEMNITY

In consideration of participating in <u>Penobscot Ice Arena / Penobsco Hockey, Inc,</u> activities, I represent that I understand the nature of Ice Hockey and figure skating activities ("activity") and that I am qualified, in good health and in proper physical condition to participate in such "activity". I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the "activity".

I fully understand that this "activity" involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the "activity", the conditions in which the "activity" takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the "activity".

I hereby release, discharge, and covenant not to sue the <u>Penobscot Ice Arena / Penobsco Hockey, Inc.</u>, it's directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants and if applicable, owners and lessors of premises on which the "activity" takes place (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

The Penobscot Ice Arena / Penobsco Hockey, Inc. has the right, but not the obligation, to provide rules, regulations and/or ice monitors for sessions. We hereby acknowledge that the <u>Penobscot Ice Arena / Penobsco Hockey, Inc.</u> shall not be responsible for the supervision of the participants while in the facility.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

\square By checking this box I give the Penobscot Ice all future events I participate in at the facility.	Arena to use this waiver for this and
Signature Of Participant:	_ DATE:
Printed Name:	-
Signature: Parent / Guardian If the Participant is Under 18:	